URBAN/MUNICIPAL
CA4 ONHBL W49
P68

Promoting Women's Wellness

June 1994 Issue #2
Newsletter for the McMaster Research Centre for the Promotion of Women's Health (MRCPOWH)

I PROGRESS REPORT

Since we published our first issue of the Newsletter in December 1993, our Research Centre (MRCPOWH) has been active both at the university level and in the community, the two being linked by participatory/action research (PAR).

The recent appointment of Karen Williams as our Community Research Co-ordinator reflects our commitment to this theory and methodology. We welcome Ann Greene, our new full-time secretary who will manage the everyday activities of the Centre. Please feel free to contact her at extension 23554 if she can be of assistance.

Principal investigators, the community research co-ordinator and affiliates have been productive in many different contexts: organizing conferences and workshops, developing conceptual models and research guidelines. MRCPOWH research assistants have completed bibliographies and literature reviews. The first papers in our "Working Papers Series" will soon be available.

TABLE OF CONTENTS

I PROGRESS REPORT
II MRCPOWH WORKSHOPS
III PARTICIPATION AT CONFERENCES
IV CURRENT RESEARCH PROJECTS
V RESEARCH ACTIVITIES OF RESEARCH AFFILIATES
VI RESEARCH ACTIVITIES OF RESEARCH ASSISTANTS
VII UPCOMING CONFERENCES AND. WORKSHOPS
VIII AVAILABILITY OF JOBS & SMALL GRANTS
IX ANNOUNCEMENTS

Important links have been set up between faculty, community groups and service providers such as the Hamilton-Wentworth Home Care Program, the Visiting Homemakers Association of Hamilton-Wentworth, the VON Visiting Nursing Program, the VON Volunteer Visiting Program, the St. Elizabeth Visiting Nurses' Association, the Canadian Centre for Occupational Health and Safety, various immigrant women's organizations, to name only a few. Important joint projects are under way and MRCPOWH has awarded several research grants to successful applicants. New sources of funding are being sought.

MRCPOWH has found that there is a large demand for the kind of research it is mandated to promote and undertake. We are now entering the stage of intensive research with a great deal of excitement and determination.

II MRCPOWH WORKSHOPS

WORKSHOP #1

MRCPOWH inaugurated its workshop series with a presentation by Mary O'Connor and Karen Williams on **"Participatory/Action Research: Theoretical & Practical Issues",** Jan. 25, 1994.

Approximately 40 women attended the workshop. The purpose of the workshop was to present the principles of participatory research as well as various models of how these principles can be put into practice.

We provided an opportunity for women in small groups to do the "ideal" participatory project and invited them to define their own health and work problem, determine the methods they would use to investigate the causes of the problem and create the solutions to the problem. Because our time was limited, most groups focussed on the definition of the problem.

In the discussion period women talked about the tendency to think of problems as individual rather than societal. Some women talked about institutional barriers to participatory research including: lack of "scientific status", barriers to funding and the labour-intensive nature of this work.

An outline of this workshop including "Models of Doing Research" is available at the MRCPOWH office.

WORKSHOP #2

On February 22nd, Karen Trollope, M.D., and Graduate Student in Medical Anthropology facilitated a workshop entitled **"Towards Indigenous Notions of Women's Empowerment in India"**. Karen Trollope has worked 7 years with her husband in a rural setting of the Indian Himalayas as a medical officer and as a co-coordinator of a health project of an NGO.

"Empowerment of women" refers to a process which increases women's ability to make decisions affecting their lives. Underlying the concept are a set of basic assumptions, which have roots in the particular historical and cultural context of the Western world. In the cross-cultural context of rural India, these assumptions need to be critically re-examined.

In the workshop exercises, participants divided into three groups and examined the issue of women's empowerment in cross-cultural context from three perspectives: theory, methodology and practice. Case studies were given in order to focus the exercise.

In the theory group, women studied current trends in Indian feminist thinking. The Indian feminist critique of Western feminist thinking makes several key points. Indian women are often portrayed in stereotypes, and great differences between women from different parts of India are often not acknowledged. Those differences must be recognized in developing an indigenous definition of women's empowerment.

As it was discussed in the methodology group, different political contexts, different cultural landscapes, different religious beliefs (for example, the practice of the caste system in the Hindu religion) may inform an approach to the concept of participation and to the decision making process that is different from the one PAR advocates.

In the practice group, women explored a case study of a PAR process initiated by an Indian NGO to promote a women's forestry program. Participants in the practice group identified that the PAR process may not always be clearly understood by group facilitators. There is often a temptation to impose direction on the group, or to listen only to dominant voices with the group. The participants also discussed the various paths which could be followed in order to arrive at a solution (consensus; majority vote, etc.) and concluded that often a single problem can receive several simultaneous solutions (technical, social, political, etc.).

In conclusion PAR proved to be an effective tool, but one that must be handled with care and flexibility, with cultural knowledge and sensitivity.

WORKSHOP #3

On March 29th, Christel Woodward, Professor, Department of Clinical Epidemiology and Biostatistics and Associate of the Centre for Health Economics and Policy Analysis presented a workshop on **"Gender of Physicians and Gender of Patients: Does it Make a Difference?"**.

In a study involving new-to-practice family physicians in Ontario, Christel Woodward and her research team found these physicians report that female practitioners obtain patients more quickly than their male counterparts.

One of the findings of the research undertaken by Christel Woodward and her team was that newly established young physicians report that patients may contribute to make male practitioners act as "males" and female practitioners act as "females", thus reinforcing entrenched societal roles. Female physicians say that they often spend more time with their patients who tell them more about their personal

lives than they would to male physicians. Patients expect female physicians to listen to them. On the other hand, some female physicians expressed concern for safety and suggested this concern has a limiting effect on their practice (e.g. where and when they see patients).

In the first two stages of this multi-stage project qualitative methodologies were used which in her view offer the following advantages:

- they capture more complex factors;
- they are better able to identify new factors;
- they help re-examine known relationships between variables;
- they aid in framing questions for the surveys.

The workshop ended on the question: "Should the gender of the provider be an important factor to consider? How may it affect planning the future of family medicine?"

We thank Mary O'Connor and Karen Williams, Karen Trollope, Christel Woodward for the very informative and exciting workshops they have contributed to MRCPOWH.

WORKSHOP #4

Allison L. McKinnon, Ph.D., School of Occupational Therapy & Physiotherapy & the Educational Centre for Aging & Health Faculty of Health Sciences and Project Affiliate McMaster Research Centre for the Promotion of Women's Health will present **"Using Multiple Research Methods to Explore Links Between Women's Health and Paid/Unpaid Work"**, Tuesday, May 24th, 1994 in Kenneth Taylor Hall, Room 705 at 1:30 p.m. As it is yet to take place see the report in Newsletter #3.

We thank Allison McKinnon for accepting to give this workshop before joining her new academic position in the Faculty of Rehabilitation Medicine of the University of Alberta and wish her well in her career.

Starting the New Academic Year 1994-95:

In October 1994, Basanti Majumdar, Associate Professor in the School of Nursing will facilitate a workshop on **"Experience Experiential Learning Using Participatory Research: Where Does 'Focus Group' Method Fit?"**

In November, Joan Crook, Ph.D. and Robin Weir, Ph.D. will give a workshop entitled **"The Relationship between Gender Work Injury and Factors which Influence Return to Work"**. They will discuss the importance of their current work and its implications for women's rehabilitation and quality of life.

> Health Promotion is the process of enabling people to increase control over, and to improve their health.
>
> Ottawa Charter for Health Promotion

III PARTICIPATION AT CONFERENCES

On behalf of MRCPOWH, Mary O'Connor attended the **Meeting of Health Promotion Centres on Knowledge Development**, hosted by Health Canada, 17-18 February 1994, Ottawa.

The Coordinators of twelve Health Promotion Research Centres from across the country met in Ottawa for a two-day meeting on Knowledge Development. Also present were six regional Health Promotion and Social Development program consultants or directors as well as representatives from Health Canada.

The objectives of the meeting were: 1) to identify priorities for developing knowledge that will strengthen health promotion action and broaden its impact in other sectors, and to suggest strategies and action steps for dealing with these priorities; 2) to identify opportunities for collaboration (among Centres, between Centres and the Branch [regional offices and Ottawa]), and to suggest strategies and approaches for collaborating with other sectors; 3) to explore mechanisms to strengthen the

process of developing health promotion knowledge that is needed, accessible and usable.

By the end of the meeting, priorities had been set for 1) disseminating research outcomes; 2) mobilizing community; 3) directing public policy; 4) fostering involvement in health care renewal; 5) reducing inequities and enabling social change; and 6) developing alternative methodologies and evaluation.

The "Proceedings of the Meeting of Health Promotion Research Centres on Knowledge Development" is available through Health Canada, while follow-up discussion will continue at the Third National Conference on Health Promotion Research in Calgary, June 16-18/94.

In the meantime, a letter was sent to the Prime Minister of Canada, signed by all Health Promotion Centres, asking that we be involved in the proposed National Health Forum and that the debate be moved from a focus on health care reform to the broader aspects of health reform.

Maroussia Hajdukowski-Ahmed read MRCPOWH's joint paper on **"A Theoretical and Methodological Framework for Research on Women, Work and Health"** at the **Conference on Women' Health: Key Research and Health Care Issues, Women's Health Office, McMaster University**. The conference (April 22nd-25th) was organized by the Women's Health Office in the Faculty of Health Sciences. The paper was very well received. In this paper, we attempted to lay out the theoretical and methodological groundwork for the Centre's research program, emphasizing the principles which direct our participatory/action research and their relationship with feminist theory. This paper is available at a minimal cost as the first in our Working Paper Series.

The Conference attracted about 300 participants involved in the issue of women's health and wellness. They were health professionals, social scientists and policy makers who offered an impressive variety of concurrent papers and workshops. Their joint presence conferred a clear legitimacy to an interdisciplinary approach to women's health research. Qualitative methodologies and analyses of social determinants of health also received prominence and were strongly endorsed. Some of our affiliates also read papers:

In her presentation on **"The Social Context of Women's Health Research"**, Jane Aronson (School of Social Work, McMaster) criticized the notion that research is an objective and uncontentious process. She outlined two research paradigms which determine the subject position of the researcher: the dominant health science view and the feminist social science view. Aronson underlined the political dimension of health issues and the imbalance of power between the legitimizing bodies of those two approaches.

Vivienne Walters (McMaster, Director, Labour Studies) in her paper on **"Women and Paid/Unpaid Work"** warned us against the medicalization of social problems which should call for social rather than individual solutions. She believes that as we have broadened the health discourse, we have narrowed the socio-political discourse. In her presentation on **"Health, Work and Family: Impact and Issues Among Women in the Public Service"**, Allison McKinnon looked at the stresses which result from the interplay of women's paid and unpaid work and at the context in which it occurs. The purpose of her research with city employees was to effect changes in social policy. As an example of structural medicalization of a social problem, she mentioned absenteeism: in their function as unpaid care givers, women have to miss work, but they need a medical certificate after two days of absence, thus making a social problem appear to be a medical one.

We were reminded of the importance and urgency of undertaking research on women's health. The following statistics provided by Judith Kazimirski (Chair of the Medical Research Council Advisory Group on Women's Health) who delivered the keynote address are eloquent in that sense: women constitute 52% of the Canadian population, 45% of the workforce, 51% of the entrants to medical schools. They outnumber men (3 to 1) in nursing homes and health care facilities, live longer and experience

more disability. However in 1993, as 34 million dollars were spent on medical research, only 5% of the amount was spent on women's health. This was one of the factors which prompted the creation of the Canadian Committee for Research on Women's Health, involving in particular Health Canada, SSHRC, the Medical Research Council of Canada.

In her closing statement, Abby Hoffman from the Women's Health Bureau stressed the importance of coordination in policy making and in the production and dissemination of knowledge; she stated that this consideration will guide the choice of the Centre of Excellence on Women's Health.

We warmly congratulate our colleagues from the Women's Health Office, Donna Ciliska, May Cohen, Robin Edwards and Chris Sinding on the success of their conference.

IV CURRENT RESEARCH PROJECTS

Completed Research Project

VON Supportive Housing For Senior

The VON has completed a study in 12 Hamilton-Wentworth Housing seniors' apartment buildings to determine whether there is a need for supportive housing. Supportive housing refers to a new way of delivering services in apartment buildings which will promote the health and wellness of seniors living there. The idea for this project originated with the Planning Together Support Services subcommittee and was approved by the Executive Committee of Planning Together. Margaret Denton provided support to the study in the area of questionnaire construction, training of volunteer interviewers, data analysis and report writing. Volunteers completed 241 interviews. Results indicate a need for on-site services such as an on-site co-ordinator responsible for helping elderly and disabled tenants to get the services they need, a team approach to the delivery of services and a tenant/provider committee to ensure tenant involvement and to deal with operational and communication issues. A funding proposal will be submitted to the District Health Council. In addition, a second project is now underway to assess the needs of senior and disabled tenants in non-profit buildings across the Region. Those interested in the project can contact: Margaret Denton, tel: 525-9140, ext. 23923, e-mail: mdenton@mcmaster.ca.

Research Projects in Progress

The Formation of Community Agencies Steering Committee (CASC)

Representatives from the Hamilton-Wentworth Home Care Program, St. Elizabeth Nurses Association, the Visiting Homemakers Association, VON Visiting Nursing Program, VON Volunteer Visiting Program, and the principal investigators of MRCPOWH have joined together to form the Community Agencies Steering Committee. The members of the committee see a real opportunity to involve management, front-line workers, staff and volunteers in creating healthy work environments. Subcommittees have been formed to oversee participatory/action research (PAR) projects in each of three areas:

1. *Home as the Workplace*

Margaret Denton is chairing a research subcommittee whose focus is on front-line workers (paid and volunteer) in service organizations whose work is primarily performed in the homes of others. This includes visiting nurses, occupational and physiotherapists, nutritionists, homemakers, and volunteers who do friendly visiting. The fact that the work site is the client's home may pose problems for workers, affecting their health and well being. Problems identified include isolation, stress, workplace safety issues, security issues, lack of control in the workplace. These problems affect the physical and mental health of the workers.

The first stage of the research project will involve focus groups which will be conducted over the summer and fall of 1994. These focus groups will be composed of service providers, managers, staff and volunteers. Focus groups will be numerous as the issues they will define as important to study may differ by occupation and/or organization. Those interested in the project can contact: Margaret Denton, tel: 525-9140, x 23923, e-mail:mdenton@mcmaster.ca.

2. *Women with Chronic Physical Disabilities*
Mary O'Connor is heading a research sub-committee in conjunction with Hamilton-Wentworth Home-Care Program investigating the needs of women with multiple sclerosis. A literature review of support systems for women with MS has been completed and a proposal for research is now being prepared. The broad objectives of the research are to facilitate discussion among women with MS; to increase their control over their lives and the services available for support; to establish recommendations to H-W Home Care for improving their services for women with MS; and to develop and implement strategies for change that would promote women's health. Those interested in the project can contact: Mary O'Connor, tel: 525-9140 ext. 23731, e-mail moconnor@mcmaster.ca.

3. *Management of Service Organizations*
Jane Worral and Işık Urla Zeytinoğlu are leading the subcommittee studying issues related to the management of service sector organizations undergoing rapid organizational change. The project is interested in the organization's "culture", leadership styles and organizational structures and policies that contribute to promote women's health in the workplace.

The group is concerned with increased health problems (including stress) among their employees. A number of work-related issues appear to be stressors i) conflict between increasing consumer demands and limited resources; ii) a work environment which isolates the agency employees who receive their work at home via telecommunication and iii) the reorganization of the long-term care system in Ontario which is moving towards a client directed practice, in which jobs will be redefined and styles of supervision changed. Employees feel stressed due to anticipated changes in their work environment or fear of loss of job. Those interested in the project contact: Işık Urla Zeytinoğlu, tel: 525-9140, ext. 23957, e-mail: zeytino@mcmaster.ca.

Immigrant Women Project
Starting in the summer of 1994, Maroussia Hajdukowski-Ahmed will lead research projects with various immigrant women's organizations in the Hamilton-Wentworth region. Using participatory/action research in a cross-cultural perspective, she will look at the impact of being an immigrant woman on health and well-being in paid and unpaid work. Immigrant women from different cultural backgrounds, age groups and work sites are invited to participate in various focus groups. The objectives of the research are to identify health problems and coping strategies, to give a voice to immigrant women, to empower them, and to facilitate their designing of strategies for change. Those interested in the project can contact: Maroussia Hajdukowski-Ahmed, tel: 525-9140, ext. 23758, e-mail ahmedm@mcmaster.ca.

> The path from knowledge generation to knowledge utilization is direct in participatory research, since the same actors are involved in both activities.
>
> Peter Park, Voices of Change

***Healthy Work Environments: Use of New Technologies to Promote Health and Economic Integration of Women with* Disabilities**
Three principal investigators, Margaret Denton, Allison McKinnon and Işık Urla Zeytinoğlu, are working on a project, funded by MRCPOWH, focussing on the impact of paid, non-sheltered employment on the health and well-being of women with disabilities. Cathy Charles, Vera Chouinard and Muriel Westmorland are consultants to the project. The project is designed on the principles of participatory action research and aims to involve a variety of community partners to set the research agenda. Those interested in the project can contact: Işık Urla Zeytinoğlu, telephone: 525-9140, ext. 23957, e-mail: zeytino@mcmaster.ca.

Grassroots Communities Action and Research Program
In April, 1994, MRCPOWH approved a new project initiated by Karen Williams and Mary O'Connor. This new Grassroots Communities

Action and Research Program, funded by MRCPOWH, will be designed by a Community Advisory Committee. The members of this committee are leaders and members of various grassroots community organizations in Hamilton and area working towards the improvement of women's health. They include: Reva Bomberry, Ganohkwá srá, Family Assault Support; Denise Brooks, Settlement & Integration Services Organization; Maggie Fischbuch, Hamilton-Wentworth District Health Council; Ines Rios, St. Joseph's Immigrant Women's Centre; Chai Chu Thompson; and Ana Lucia Watson, Immigrant Women's Advisory Resource Centre.

The purpose of this program is to support women in their own communities to research and act upon their own self-defined problems related to their work and health. The Centre's role, through the Co-ordinator, will be to co-ordinate the program and provide resources, support and small grants, and where requested, so that various groups of women can be in charge of their own projects from beginning to end. For more information, please contact, Karen Williams, 525-9140, ext. 23316, e-mail mrcpowh@mcmaster.ca.

Work, Stress, & Health: A Study of Female Social workers at Three Children's Aid Societies

The objectives of this research, to be conducted by Nora Gold and funded by MRCPOWH, are to explore the relationship between the health problems of social workers working in the field of child welfare and the type of work they do; and to help them find ways to alleviate the source of these problems and thereby improve their health. The type of work performed by front-line social workers in child welfare (the vast majority of whom are women) is widely recognized as being highly stressful and emotionally exhausting. However, thus far there has been no systematic research documenting the experiences of these women, or the physical and mental health costs associated with this work. The proposed research, involving the female social workers at three Children's Aid Societies (CAS's) in the Hamilton area, would fill an important theoretical gap in addition to contributing to the improved health and well-being of this population.

Lesbians and Breast Cancer: Building Social Networks through Action Research

The objectives of this project, to be conducted by Chris Sinding and funded by MRCPOWH, are to document and evaluate an on-going action research project: a community response to one woman's breast cancer diagnosis. It will consider the ways that this action research project, in building a lesbian/feminist social network, promotes women's well-being. It will produce a manual which provides practical suggestions for women/lesbians organizing support networks, and encourages the lesbian/feminist social movement response to breast cancer. The project links to the goals of the Centre in that it attends to the experiences of lesbians, a group rarely studied; it employs action research strategies; and it considers the relationship between unpaid support provision and women's well being.

Women, Body Image and Food: Community Based Initiative

Gina Dimitropoulos will be conducting this study funded by MRCPOWH. Although researchers have linked socio-cultural factors to the increasing prevalence of eating problems among women (Wolf, 1991; Bordo, 1993), minimal research has been done on how women's economic conditions engender body image disparagement, food and weight preoccupation. Due to our restricted personal, political, economic and social power, we struggle to gain control over our lives by regulating our bodies and our relations with food.

A participatory research study will be conducted by a group of women who have recovered from food and weight problems. A community group will be formed to investigate and analyze the structural factors that have contributed to women's body image issues and eating patterns. This community group, comprised of a diverse group of women with shared experiences, will define the research problem from their standpoint (Stanley, 1990; Smith, 1989). This group will establish the goals and identify the appropriate methods that will be used in this study (Kirby & McKenna, 1989). Collectively, group members will gather and analyze the data (Women's Research Centre, 1987). Based on the results of this research study, participants

will decide on a course of action that will promote social change (Kirby & McKenna, 1989).

V RESEARCH ACTIVITIES OF RESEARCH AFFILIATES

Rhonda L. Lenton is currently working on several papers with Vivienne Walters, John Eyles and Susan French. The papers are to examine nurses' well-being and the relationship between paid and unpaid work on health and well-being.

She has also recently finished a survey on woman abuse in Russia which she will compare to the national Canadian data collected by Statistics Canada.

She has just completed an evaluation of a wife assault prevention training project at St. Joseph's Hospital, intended to educate staff about wife/woman abuse and provide new protocol procedures to assist staff in dealing with women who come to the hospital with indications of abuse.

Basanti Majumdar is presently involved in two research projects of particular interest to MRCPOWH:

1. Aids Educational Project

Majumdar, B., and Roberts, J. Culturally Sensitive AIDS Education for Hamilton Wentworth Immigrant Women. Funded by the Ontario Ministry of Health, AIDS Bureau, January to June 1994.

The purpose of this study is to involve women from various backgrounds, to increase their knowledge about AIDS and share some of their attitudes and values with each other. The process will assist the immigrant women groups to develop each other as a "support group".

2. Cultural Sensitivity Project

Majumdar, B., Browne, G., Roberts, J., MacLean, M., Carpio, B. The Effectiveness and Efficiency of Cultural Sensitivity Training for Providers of Health Care Services on Provider Attitudes, Client Access to Health Services and Health Outcomes. Funded by the Ministry of Multiculturalism and Citizenship (Secretary of State), September 1993 to March 1994.

The purpose of this randomized trial is to definitively assess whether 13 weeks of 3 hour per week cultural sensitivity training for providers of community and hospital services (nurses, homemakers) caring for hospital and community clients improves provider attitudes and patients' access to health and social services as well as satisfaction with care.

Vivienne Walters has been awarded a contract research project from Health Canada **"Women's Health: Status, Practices, Behaviours and Attitudes"** to link the data from the 1985 and 1990 Health Promotion Surveys with other studies of women's health. The aim of the project is the development of a broad framework for understanding women's health. It will include the notion that women's health is shaped by social factors which can be understood at the level of the individual as well as at the societal level.

Susan Watt - A.P.A. Conference on Women's Health in Washington, D.C. She gave a paper on **"Gender, Coping and Costs: A Study of Chronic Illness"** co-authored by Jackie Roberts, Gina Browne, and Amirim Gafni. It reported on a study of outpatients with chronic illnesses looking specifically at patients who self-reported not coping well with their illness.

VI RESEARCH ACTIVITIES OF RESEARCH ASSISTANTS

Henry Aviles, a Ph.D. student in the Department of Sociology, has compiled a bibliography on participatory/action theory with particular emphasis on its relevance to immigrant women/work and health. He has provided us with an updated bibliography of resources and reports on immigrant women in Hamilton-Wentworth. The bibliography and many of the reports are available for consultation at the Centre.

Karen Barber, a Ph.D. student in Sociology, is working with the Home As the Work Place Research Subcommittee to conduct a thorough literature review of issues related to the health of workers whose work is primarily performed in the home of others. She also identified studies and

reports that have been done on health and women related to aging.

Deanna Behnke-Cooke, a Ph.D. student in Sociology, is working with the "Healthy Work Environments: Use of New Technologies to Promote Health and Economic Integration of Women with Disabilities" project. She is assisting the research group in literature reviews and later on will assist with focus groups.

Catherine Hopwood, a Ph.D. student in Sociology, has completed a paper for MRCPOWH entitled "Women and Multiple Sclerosis: Models, Needs and (Support) Services." In it she explores the services available to women with MS. She also considers the frameworks through which these women's needs are identified and services developed. The paper concludes with a literature search, a list of works consulted, and an annotated list of published first-hand accounts by women with MS.

Jennifer Spakowski, an M.B.A. student, is searching literature under the following key words: i) women's health and health promotion, ii) women, health and organization, iii) women, health and management, iv) health care policy and Canada, v) women's health and work, vi) management and health care. These key works have been searched in: ABI/Inform for Jan 87-89 and Sociofile, most recent -1980. Literature search is continuing. Print outs of the search will be available in KTH 226A by July 1994.

Sandra Witt, a Masters student in Sociology, is doing a general health promotion literature review.

These literature reviews will be put into a work and health promotion reference data base. Hard copies of some topics will also be available. Literature searches may be made using key words, authors' names or titles.

We gratefully acknowledge funding from the Educational Centre for Aging & Health (ECAH) for a significant portion of the work done by our Research Assistants.

VII UPCOMING CONFERENCES & WORKSHOPS

Learned Society Conference, Canadian Sociology and Anthropology Association, June 9-13/94, Women's Studies Session: **"Women: Health and Safety Issues."**

Second International Interdisciplinary Conference, "Quality Health Research" June 10-13/94, Hershey Park Lodge Convention Centre, Hershey, PA. Please write to: Dr. Janice Moore, School of Nursing, 307 Health & Human Development East, Pennsylvania State University, University Park, PA 16802.

Third National Conference on Health Promotion, Calgary, June 16-18/94. (Learned Societies)

First International Symposium, Ecosystem Health & Medicine Integrating Science, Policy and Management, June 19-23/94, University of Guelph, Guelph ON. Please write to: Office of Continuing Education, 159 Johnston Hall, University of Guelph, Guelph, ON N1G 2W1. Phone: (519) 767-5000 Fax: (519) 767-0758.

Mobilizing Community Resources, Use of Community Development Principles to Promote Community Wellness in First Peoples Communities, Sept. 24-25/94, Holiday Inn, Ottawa ON. Please write to: Native Mental Health Association of Canada, Box 89, Shannonville, ON K0K 3A0 Phone: (613) 966-7619 Fax: (613) 966-0670.

First Annual UBC Summer Institute on Health Promotion Planning and Evaluation, The University of British Columbia, June 20-24/94

Teaching Women's Health: A Multidisciplinary Conference for Teachers of Health Professionals, Toronto, Ontario, June, 1996. Please write to: Dr. Helen Batty, Regional Women's Health Centre, 790 Bay Street, 8th Floor, Toronto, ON M5G 1N9. Fax: (416) 351-3727.

VIII AVAILABILITY OF JOBS & SMALL GRANTS

Research Grants are available for individuals or teams of researchers who are proposing projects that meet the Research Guidelines of MRCPOWH. Research teams are expected to have a strong community involvement. Community proposals are expected to have a McMaster research affiliate. Community groups who wish to make preliminary inquiries requesting a McMaster research affiliate, should contact Karen Williams, Community Research Co-ordinator at (905) 525-9140, ext. 23316. Each Project may not exceed $5,000.

Research Grants for Graduate Students are available to members of the McMaster community who are proposing research projects that meet the Research Guidelines for MRCPOWH. Each application may not exceed $1,500.

Research Assistant jobs might be available for research related to women, work & health. Expected openings in September 1994. Send curriculum vitae to KTH 226A.

IX ANNOUNCEMENTS

The Women's Wellness Radio Committee is a group of women attempting to organize a local call-in radio program about women's health and wellness issues. If you are interested in helping, please call Karen Williams at 525-9140 ext. 23316 or Renée Albrecht at 525-2970 for more information.

MRCPOWH
McMASTER UNIVERSITY

PRINCIPAL INVESTIGATORS
Dr. Margaret Denton,
Gerontology/Sociology
Dr. Maroussia Hajdukowski-Ahmed,
Women's Studies/French
Dr. Mary O'Connor, Co-Chair,
Women's Studies/English
Dr. Işık Urla Zeytinoğlu, Co-Chair,
MGD School of Business/Women's Studies

Illustration reproduced from Manushi with the permission of the Editor.

Newsletter Editor: Maroussia Hajdukowski-Ahmed

RESEARCH AFFILIATES
Dr. Jane Aronson, Social Work
Dr. Heather Arthur, Nursing
Dr. Vera Chouinard, Geography
Dr. Donna Ciliska, Nursing
Dr. May Cohen, Assoc Dean, Health Services
Dr. M.A. Craven, Psychiatry/East Region Mental Health
Dr. Fionella Crombie, Family Medicine
Dr. Joan Crook, Nursing
Dr. Patricia Daenzer, Social Work
Dr. Susan French, Nursing
Dr. Nora Gold, Social Work
Dr. Nick Kates, Psychiatry/East Region Mental Health
Dr. Rhonda Lenton, Sociology
Dr. Wayne Lewchuk, Labour Studies/Economics
Dr. Michael MacLean, Social Work/Gerontology
Prof. Basanti Majumdar, Nursing
Dr. Allison L. McKinnon, Dept. of OT, Univ. of Alberta
Prof. Alba Mitchell, Nursing/C.E.&B./Public Health
Dr. Julia S. O'Connor, Sociology
Dr. Andy Oxman, Family Medicine/C.E.&B.
Prof. Ruth Pallister, Nursing
Dr. Harry Shannon, C.E.&B.
Dr. Vivienne Walters, Labour Studies/Sociology
Dr. Susan Watt, Social Work
Dr. Robin Weir, Nursing
Prof. Muriel Westmorland, Co-ord., MHScProg/Nursing
Dr. Christel A. Woodward, C.E.&B.
Dr. Charlotte Yates, Labour Studies/Political Science

COMMUNITY RESEARCH CO-ORDINATOR
Ms. Karen Williams ext. 23316
CENTRE SECRETARY
Ms. Ann Greene ext. 23554

GRASSROOTS COMMUNITIES ACTION AND RESEARCH PROGRAM

ADVISORY COMMITTEE
Reva Bomberry, Ganohkwá srá/Family Assault Support Services
Denise Brooks, Settlement and Integration Services Organizations
Maggie Fischbuch, Hamilton-Wentworth District Health Council
Ines Rios, St. Joseph's Immigrant Women's Centre
Chai Chu Thompson,
Ana Lucia Watson, Immigrant Women's Advisory Resource Centre
Co-ordinator: Karen Williams ext. 23316

DO YOU WANT .....

TO RECEIVE THE CENTRE NEWSLETTER, "PROMOTING WOMEN'S WELLNESS"? ☐

TO RECEIVE MORE INFORMATION ABOUT BECOMING A COMMUNITY AFFILIATE? ☐

TO DISCUSS YOUR RESEARCH WITH CENTRE RESEARCHERS TO SEE WHAT RESOURCES OR SUPPORT THE CENTRE MIGHT HAVE TO OFFER? ☐

TO PUBLICIZE YOUR COMMUNITY RESEARCH ON WOMEN, WORK AND HEALTH IN "PROMOTING WOMEN'S WELLNESS"? ☐

TO RECEIVE INFORMATION ABOUT CENTRE WORKSHOPS? ☐

TO MEET WITH A CENTRE REPRESENTATIVE TO EXPLORE A POTENTIAL RESEARCH PROJECT WHICH WOULD SUPPORT YOUR COMMUNITY AND WHICH RELATES TO WOMEN, WORK & HEALTH? ☐

TO PUBLISH YOUR RESEARCH IN THE WORKING PAPER SERIES OF THE CENTRE?☐

If you are interested in being involved in any way, please include your name and address in the space provided:

_____
Name

_____
Street Address

_____
City **Postal Code**

_____
Phone Number, Fax, and/or E-Mail address

Clip out this form and send to the following address:
McMaster Research Centre
for the Promotion of Women's Health
McMaster University
1280 Main St. W., KTH 226A
HAMILTON ON L8S 4M4
Fax: (905) 524-2522
E-Mail: mrcpowh@mcmaster.ca

IF YOU ARE A UNIVERSITY OR A COMMUNITY AFFILIATE, PLEASE USE THE SPACE BELOW TO UPDATE US ON YOUR RESEARCH (CONFERENCE, ARTICLE, PROJECT IN PROGRESS).

WOULD YOU LIKE TO SHARE YOUR RESEARCH FINDINGS IN ONE OF OUR WORKSHOPS? YES ___ NO ___

HAMILTON PUBLIC LIBRARY
3 2022 21336414 0

McMaster Research Centre
For the Promotion of Women's Health
Kenneth Taylor Hall, Rm 226A
1280 Main Street West
HAMILTON ON L8S 4M4